

# Max Zyme

## Digestive Enzyme Matrix

**Max Zyme** is MMSN's proprietary blend of food enzymes that are naturally produced by our bodies and are also found in raw natural foods. They play a vital role in our body's ability to digest and assimilate nutrients. As we begin to age our capacity to produce enzymes (after 35) begins to slow down significantly. As a result of this, our digestion system may become sluggish. In this day and age of processed, canned, dried and frozen foods it has become increasingly important to supplement with enzymes. The majority of Max Muscle customers consume high amounts of protein and many experts believe that a high protein diet should be accompanied by a good source of digestive enzymes. **Max Zyme** is loaded with enzymes that support protein digestion. Once you experience the benefits from a quality digestive enzyme formula, it will be difficult not to include them in your diet. It's like supercharging your nutrients so that you get more energy from the same amount of calories. **Max Zyme** is a comprehensive formula comprised of the following powerful enzymes.

Bromelain is considered by most experts to be the strongest protein digestive enzyme. It is categorized as a Protease Enzyme, meaning that it breaks down and decomposes protein. The reason many experts endorse this enzyme is because of its ability to assist in protein digestion and survive the acid in the stomach while remaining effective in the intestines. Several studies also suggest that Bromelain is a potent anti-inflammatory and may inhibit tumor growth. Lipase is an enzyme that helps hydrolyze lipids or fat. Lipase is a potent enzyme that helps breakdown fat into fatty acids in order to be absorbed and utilized in an efficient manner by the body. Mycozyme is a single-celled plant enzyme necessary for the digestion of starches, such as bread and pastries. Superoxidase Dismutase is considered by many health professionals to be the most powerful enzyme produced by our body. S.O.D. is an important enzyme that may reduce free radical damage, thereby helping our cells to reproduce and recover more quickly. Cellulase is a group of enzymes that helps our body to digest and assimilate cellulose or plant fiber. Normally these fibers are very hard for the body to digest. Pepzyme™ SP is a powerful enzyme formulation that was developed to break down a large variety of complex proteins and amino acids. As a bodybuilder or athlete, protein is the most expensive and important nutrient to optimize recuperation and muscle growth. With **Max Zyme** fortified with Pepzyme™ SP, you can be ensured that you are assimilating as much protein as possible.

**Max Zyme** is an essential addition to the MMSN line of supplements. When the human digestive system is working properly, we assimilate and absorb nutrients much more efficiently and effectively. This helps to reduce hunger cravings, which many times are the result of poor digestion and assimilation. **Max Zyme** will enable the body to digest and assimilate a higher percentage of nutrients into the bloodstream, muscles and vital organs. Whether you are dieting on minimal calories or eating every 2-3 hours to pack on pounds, **Max Zyme** will help you get the most from all your foods!

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Your assurance of quality®

1641 S. Sinclair Street • Anaheim, California 92806 • 714.456.0700 • 714.456.0727 fax

[www.maxmuscle.com](http://www.maxmuscle.com)



**Size:** 100 Wafers  
**Serving Size:** Two (2) Wafers  
**Servings Per Container:** 50

### KEY FEATURES

- Formulated To Aid In The Digestion, and Assimilation of Macronutrients
- Excellent To Use In Conjunction With High Protein Diets
- Advanced Digestion System
- Improves Protein Assimilation
- Bromelain For Protein Digestion.
- Lipase For Fat Breakdown & Digestion
- Mycozyme For Starch Digestion
- Superoxidase Dismutase Free Radical Fighting Enzyme
- Cellulase For Fruit & Vegetable Digestion
- Pepzyme™ SP (Proprietary blend of 5 powerful protein digestive enzymes)

### KEY MESSAGES

- Proprietary blend of food enzymes naturally produced by the body and found in raw natural foods.
- Play vital role in body's ability to digest and assimilate nutrients.
- Enzymes are essential to sustaining life.
- Proprietary blend includes full range of enzymes to help breakdown and digest protein, carbohydrates and fats.

### TARGET MARKET

**Primary:** Athletes consuming large amounts of protein.

**Secondary:** Any individual having difficulty digesting food.

### RECOMMENDED STACK

- Max Pro
- Max Whey
- Big Max 50
- High 5
- Max MRP
- Vit-Acell

# Max Zyme

## 100 Wafers

**Size:** 100 Wafers  
**Serving Size:** Two (2) Wafers  
**Servings Per Container:** 50

### Supplement Facts

Serving Size: 2 Wafers  
Servings Per Container: 50

	Amount Per Serving	% DV*
Bromelain	60mg	*
Mycozyme	60mg	*
Superoxide Dismutase	60mg	*
Cellulase	60mg	*
Lipase	60mg	*
Pepzyme™SP	50mg	*

\*Daily value not established.

**Active ingredients:** Bromelain, Mycozyme, Superoxide Dismutase, Cellulase, Lipase, Pepzyme™SP.

**Other ingredients:** Fructose, Pineapple Flavor, Citric Acid, Microcrystalline Cellulose, Magnesium Stearate (vegetable source) and Stearic Acid (food grade).

**Directions:** Take 1-2 wafers during or immediately following a meal. Wafers can also be taken at the same time you drink a protein shake or can even be blended into the shake. Diets exceeding six meals a day can still take one wafer with each meal, or you can take the wafers with your larger meals.