

# Max Lean EF

## Thermogenic Fat Loss Accelerator

The MMSN Research Team formulated **Max Lean EF** utilizing the latest in high tech metabolic and fat burning ingredients without the use of ephedrine. To maximize fat loss you have to increase calorie burning above calorie consumption. Ideally you want to mobilize body fat, increase metabolic rate and energy levels, support thyroid function, and provide thermogenic precursors to support your fat loss efforts.

With **Max Lean EF** we took the latest scientific research and created an amazing blend of herbs and nutrients to help you reach your physique goals. We started with a form of Citrus aurantium known as AdvantraZ™, patented for burning fat, suppressing appetite, and preserving lean muscle mass while you are dieting. Then we added a highly potent form of Green Tea containing EGCG (epigallo catechin gallate). EGCG works by prolonging the effects of epinephrine, a chemical released in the body during exercise and from Citrus aurantium. Epinephrine increases metabolism and releases body fat for energy. Caffeine is added to help mobilize even more fat for energy and provide a boost for your workouts and daily activities. We didn't forget about your thyroid. When you diet and train hard your body will often try to slow your metabolism by decreasing thyroid production. To combat this thyroid decline we added twice the amount of Guggulsterones (50mg) researched for their ability to support thyroid function during calorie restriction as well as supporting healthy cholesterol levels. Acetyl L-Carnitine helps body fat reduction by transporting fatty acids into muscle cells for fat burning. The last core ingredient is L-Tyrosine. This amino acid supplies the fuel for supercharging the metabolic machine. If you increase metabolism with the core ingredients AdvantraZ™, Green Tea EGCG, and Caffeine you need to provide the fuel for continued thermogenic activity. L-Tyrosine is the fuel for the metabolic stimulator epinephrine. As mentioned, epinephrine is stimulated by the combination of the core ingredients in **Max Lean EF** and exercise. Without L-Tyrosine you might as well have the fastest car with an empty fuel tank. All of the other supportive ingredients in Max Lean EF play a role in making this one of the most advanced metabolic formulas available on the market today. We are convinced you'll see the difference in less than thirty days! Getting lean just got a little easier with **Max Lean EF!**



**Size:** 120 Capsules  
**Serving Size:** 2 Capsules  
**Servings Per Container:** 60

### KEY FEATURES

- Ephedrine Free
- Increase Metabolism†
- Suppresses Appetite†
- Maintains Lean Muscle†

### KEY MESSAGES

- Max Lean EF mobilizes body fat, increases metabolic rate and energy levels, supports thyroid function and provides thermogenic precursors to support fat loss.
- AdvantraZ™ patented for burning fat, suppressing appetite and preserving lean muscle while dieting.
- Highly potent form of Green Tea containing EGCG.
- Guarana Extract yielding 200mg of Caffeine added to help mobilize even more fat energy providing a boost for your workouts and daily activities.
- Twice the amount of Guggulsterones (50mg) researched for their ability to support thyroid function during calorie restriction and support of healthy cholesterol levels.
- Tyrosine the amino acid responsible for supplying the fuel for the metabolic stimulator epinephrine.
- Acetyl L-Carnitine helps body-fat reduction by transporting fatty acids into muscle cells for fat burning.

### TARGET MARKET

**Primary:** Individuals interested in accelerating fat loss and losing weight.

**Secondary:** Individuals wishing to suppress appetite due to calorie-restricted diets.

### RECOMMENDED STACK

- Max Lean 24 Hour System (Daytime, NS and Nighttime)
- Max CLA
- Max Carb & Fat Away
- Max Cleanse & Lean
- Max MRP

Your assurance of quality®

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## Supplement Facts

Serving Size: 2 Capsules  
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|  | Amount Per Serving | % DV* |
|--|--------------------|-------|
| <b>2 Capsules Contain:</b>                         |                    |       |
| Guarana Extract @ 22% Caffeine                     | 910mg              | *     |
| Citrus Aurantium @ 6% Synephrine                   | 96mg               | *     |
| White Willow Bark Extract @ 15% Salicin            | 105mg              | *     |
| Acetyl L-Carnitine                                 | 100mg              | *     |
| L-Tyrosine   | 98mg               | *     |
| Ginger Root  | 50mg               | *     |
| Pantothenic Acid from calcium D-pantothenate @ 92% | 40mg               | 400   |
| Green Tea Extract (EGCG)                           | 80mg               | *     |
| Guggulsterones from commiphora mukul extract       | 50mg               | *     |

\*Daily value not established.

**Ingredients:** Guarana extract, citrus aurantium, white willow bark extract, acetyl L-carnitine, green tea extract, vitamin B-5 (calcium D-pantothenate) di-calcium phosphate and magesium stearate.

**Directions:** As a dietary supplement only, to begin and to test tolerance: take one capsule before breakfast and another before lunch. After testing for tolerance, the usual dosage is: Two capsules before breakfast and either two capsules before lunch or one capsule before lunch and one before an afternoon snack (eaten before 3 P.M.) Do not exceed four capsules per day.

**Warning:** Max Lean™ EF contains caffeine and salicin (an aspirin precursor). If you are aspirin-sensitive or are eliminating aspirin from your diet, do not use this product. This product may not be used by those taking a MAO inhibitor, or those who may have high blood pressure, diabetes, are nursing or pregnant, or who have pernicious anemia, liver or kidney dysfunction or disease, nervousness, depression, anxiety, seizure disorders, cardiac irregularities of any type, pheochromactyoma, or difficulty in urinating and/or prostate enlargement. Discontinue use immediately and seek medical advice if dizziness, sleeplessness, tremors, nervousness, heart palpitations or headaches occur.

**KEEP OUT OF THE REACH OF CHILDREN. Do not, under any circumstances, provide this product to children under the age of 18 without a physician's examination and clearance.**

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

