

# Max Glutamine Chewables

## Chewable Glutamine Delivery System

**Maximize Your Workouts!†**  
**Get Faster Results!†**

**MMSN** brings you **Max Glutamine Chewables**, a convenient way to get the Glutamine and Glycine you need to support growth and recovery. Delivering 2g of pure L-Glutamine and 1g of pure L-Glycine per serving, **Max Glutamine Chewables** will provide you with these vital amino acids for optimal results. Research indicates that 2g of Glutamine ingested orally can help support optimum growth hormone secretion. Other research on Glutamine indicates that it is beneficial for overall health of the immune system and intestines. As the most abundant amino acid found in muscle, Glutamine has also been shown to support nitrogen retention a key marker for muscle recovery and growth. Glutamine is involved in more metabolic processes than any other amino acid. Glutamine is converted to glucose when more glucose is required by the body as an energy source. It serves as a source of fuel for cells lining the intestines. Without it, these cells waste away. It is also used by white blood cells and is important for immune function. In hospitals, Glutamine is used for patients that have severe burns to speed recovery and prevent muscle wasting.

**Max Glutamine Chewables** contains HPLC tested Glutamine and Glycine and is guaranteed to contain no less than 2g of pure L-Glutamine and 1g of pure L-Glycine. Research has linked Glutamine and Glycine to further supporting growth hormone levels when consumed in smaller, more frequent dosages throughout the day. When used in combination with a proper training regimen and nutritional plan **Max Glutamine Chewables** will help support optimal recovery and GH levels making it easier to reach your goal of attaining and maintaining a lean muscular physique. Chew your way to the next level in physique enhancement with **Max Glutamine Chewables!†**



**Size:** 180 Wafers  
**Serving Size:** 2 Wafers (6g)  
**Servings Per Container:** 90  
**Flavor:** Citrus Blast, Grape Blast

### KEY FEATURES

- GH Release†
- Muscle Recovery†
- Immune Function†
- 2g Glutamine, 1g Glycine per serving

### KEY MESSAGES

- 2g L-Glutamine 1g L-Glycine supports GH and recovery processes†
- Glutamine supports nitrogen retention for muscle recovery and growth†
- Provides vital amino acids to working muscles for maximum performance†
- Glutamine supports the immune system for overall health†
- Smaller frequent doses of Glutamine and Glycine support GH secretion†
- Glutamine supports the intestinal tract for improved nutrient absorption†

### TARGET MARKET

**Primary:** Those wanting to support GH secretion and recovery. Those wanting to increase muscle mass and those wanting to diet while maintaining muscle mass.

**Secondary:** Those wanting to support intestinal health and immune function.

### RECOMMENDED STACK

- Max Complete
- Vit-Acell
- Max Gourmet
- Max Lean Protein
- Max Lean Daytime
- Max EFA
- Max CLA
- High 5 / Max Pro
- Full Blown Extreme
- DiurX
- EnerX
- ITRX PM
- SuppreX
- ThermX
- ThermXX
- ThyRX

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# Max Glutamine Chewables

**Citrus Blast**  
**180 Wafers**

**Size:** 180 Wafers  
**Serving Size:** 2 Wafers (6g)  
**Servings Per Container:** 90  
**Flavor:** Citrus Blast

## Supplement Facts

Serving Size: 2 Wafers (6g)  
Servings Per Container: 90

	Amount Per Serving	%Daily Value*
Calories	24	Calories from Fat 0
Total Carbohydrates	3g	1%
Sugar	3g	
L-Glutamine	2g	**
L-Glycine	1g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

**Ingredients:** Dextrose, L-Glutamine, L-Glycine, Natural Flavors, Cellulose Fiber, Citric Acid, Magnesium Stearate, Stearic Acid, Malic Acid, Acesulfame Potassium.

**Directions:** Chew two (2) wafers with eight ounces (1 cup) water, one (1) to five (5) times daily depending on workout intensity.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, soy, and egg proteins, peanuts, and other tree nuts and wheat.

# Max Glutamine Chewables

**Grape Blast**  
**180 Wafers**

**Size:** 180 Wafers  
**Serving Size:** 2 Wafers (6g)  
**Servings Per Container:** 90  
**Flavor:** Grape Blast

## Supplement Facts

Serving Size: 2 Wafers (6g)  
Servings Per Container: 90

	Amount Per Serving	%Daily Value*
Calories	24	Calories from Fat 0
Total Carbohydrates	3g	1%
Sugar	3g	
L-Glutamine	2g	**
L-Glycine	1g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.

**Ingredients:** Dextrose, L-Glutamine, L-Glycine, Natural Flavors, Cellulose Fiber, Citric Acid, Magnesium Stearate, Stearic Acid, Malic Acid, Acesulfame Potassium.

**Directions:** Chew two (2) wafers with eight ounces (1 cup) water, one (1) to five (5) times daily depending on workout intensity.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

**ALLERGY INFORMATION:** Manufactured in a facility that processes milk, soy, and egg proteins, peanuts, and other tree nuts and wheat.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.