

Big Max 50

High Protein Lean Muscle Gainer

50 Grams of Whey Protein Concentrate Based Formula Fortified with 25 Essential Vitamins and Minerals

50 Grams of Protein Per Serving: Protein builds muscle, plain and simple. Many weight gainers rely on simple sugar carbohydrates to assist in weight gain. While they may help you gain weight it may not be lean muscle gains. **Big Max 50** combines three synergistic proteins to make sure that your nitrogen balance and ability to gain lean muscle mass will be optimized.

A Complete Source Of Vitamins and Minerals: Because **Big Max 50** is designed to supply your body with the essential nutrients, we included 50% of the U.S. recommended daily amounts of 25 vitamins and minerals in each serving. Vitamins and minerals are responsible for virtually every function within your body. **Big Max 50** gives you what most meals can't, a full spectrum of vitamins and minerals.

4 Grams of Pure Flaxseed & 6 Grams of Fiber: Flaxseeds are loaded with essential fatty acids (Omega 3,6 and 9), protein and fiber. Any good meal should contain small amounts of fatty acids. These fats are known as the good fats and have been shown in studies to help control cholesterol and reduce the risk of heart disease. With a whopping 6 total grams of fiber, Big Max 50 will make sure the intestinal system is healthy and eliminates properly. Fiber has also been shown to have numerous health benefits.

A Complete Muscle and Weight Gaining Formula: Because **Big Max 50** contains 50 grams of protein, 25 vitamins & minerals, low sugar and grain derived carbohydrates, 4 grams of Pure flaxseed for essential fatty acids and 6 grams of fiber. You can drink it 2-3 times per day as an excellent high protein meal supplement. **Big Max 50** is instantized so you can mix it vigorously or shake it without a blender. In a blender add ice, bananas or any fruit, peanut butter, almonds etc to make a delicious high calorie shake. We are proud to say that we have created what we consider the most powerful high protein weight gaining formula available. Best of all it tastes awesome!

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Your assurance of quality®

1641 S. Sinclair Street • Anaheim, California 92806 • 714.456.0700 • 714.456.0727 fax

www.maxmuscle.com



Size: 10 lbs.
Serving Size: 4 Scoops, App. 152 g
Servings Per Container: App. 30
Flavors: Chocolate, Vanilla

KEY FEATURES

- 4 Grams of Pure FlaxSeed per Serving
- 6 Grams of Total Fiber
- Low Sugar Formula
- Instantized For Easy Mixing
- Smooth & Creamy New Formula
- Omega 3,6 & 9 Essential Fatty Acids
- 90 Grams of Grain Derived Carbohydrates
- Awesome Taste Guaranteed

KEY MESSAGES

- Combines three synergistic proteins to ensure optimal nitrogen balance and lean muscle mass gain.
- Includes 50% of the U.S. recommended daily amounts of 25 vitamins and minerals in each serving.
- 6 grams of fiber and 4 grams of pure flaxseed to ensure intestinal health.
- Contains 50 grams of protein, 25 vitamins & minerals, low sugar and grain derived carbs.
- Instantized so it mixes without a blender.

TARGET MARKET

Primary: Hard-Gainers and more experienced consumers that can assimilate higher amounts of protein that are looking to put on quality lean-muscle mass. The added EFAs and fiber make this product more appealing for the older consumer.

Secondary: Individuals needing to increase their caloric intake due to illness or other diseases causing drops in body weight.

Recommended Stack

- Max Creatine CV
- Full Blown SF
- Max CLA
- Max Zyme
- Max Glutacine

Big Max 50 Chocolate Ice Cream Flavor

Size: 10 lbs.
Serving Size: 4 Scoops, App. 152 g
Servings Per Container: App. 30

Supplement Facts

Serving Size: 4 Scoops, app.152g
Servings Per Container: app 30

Amount Per Serving			
Calories			596
Calories from Fat			36
%Daily Value*			
Total Fat	4 g		6%
Saturated Fat	1gm		5%
Cholesterol	50 mg		16%
Sodium	200 mg		9%
Potassium	475 mg		16%
Total Carbohydrate	90 g		25%
Dietary fiber	6 g		30%
Sugars	26 g		
Protein	50 g		100%
Vitamin A	50%	Pantothenic Acid	50%
Vitamin C	50%	Phosphorus	50%
Calcium	50%	Iodine	50%
Iron	50%	Magnesium	50%
Vitamin D	50%	Zinc	50%
Vitamin E	50%	Selenium	50%
Thiamin	50%	Copper	50%
Riboflavin	50%	Manganese	50%
Niacin	50%	Chromium	50%
Vitamin B8	50%	Molybdenum	50%
Folic Acid	50%	Choline	25%
Vitamin B12	50%	Vitamin K	50%
Biotin	50%		

* Daily Value not established
† Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories	2000	2500
Total Fat	less than 65g	80g
Saturated Fat	less than 20g	25g
Cholesterol	less than 300mg	300mg
Sodium	less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram	Fat 0 - Carbohydrate 0 - Protein 0	

INGREDIENTS: Big Max 50 Proprietary Protein Blend: (Whey Protein Concentrate, Rice Complete Protein, Whey Protein Isolate) Maltodextrin, Non Fat Milk Solids, Dextrose, Fructose, Cocoa, Lignamax Fine Flax Seed, Vitamins & Minerals Pre-Mix 50%, Natural and Artificial Flavors, Cellulose Gum, Sodium Chloride, Potassium Acelfame K.

Directions: Mix 4 scoops in 16-20 ounces of water, juice, non-fat milk, soymilk or any cold beverage of your choice. You can drink it 2-3 times per day as an excellent high protein meal supplement. Big Max 50 is instantized so you can mix it vigorously or shake it without a blender. In a blender add ice, bananas or any fruit, peanut butter, almonds etc to make a delicious high calorie shake. You can also use fewer scoops with less fluid for smaller shakes.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

Big Max 50 Vanilla Ice Cream Flavor

Size: 10 lbs.
Serving Size: 4 Scoops, App. 152 g
Servings Per Container: App. 30

Supplement Facts

Serving Size: 4 Scoops, app.152g
Servings Per Container: app 30

Amount Per Serving			
Calories			596
Calories from Fat			36
%Daily Value*			
Total Fat	4 g		6%
Saturated Fat	1gm		5%
Cholesterol	50 mg		16%
Sodium	200 mg		9%
Potassium	475 mg		16%
Total Carbohydrate	90 g		25%
Dietary fiber	6 g		30%
Sugars	26 g		
Protein	50 g		100%
Vitamin A	50%	Pantothenic Acid	50%
Vitamin C	50%	Phosphorus	50%
Calcium	50%	Iodine	50%
Iron	50%	Magnesium	50%
Vitamin D	50%	Zinc	50%
Vitamin E	50%	Selenium	50%
Thiamin	50%	Copper	50%
Riboflavin	50%	Manganese	50%
Niacin	50%	Chromium	50%
Vitamin B8	50%	Molybdenum	50%
Folic Acid	50%	Choline	25%
Vitamin B12	50%	Vitamin K	50%
Biotin	50%		

* Daily Value not established
† Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories	2000	2500
Total Fat	less than 65g	80g
Saturated Fat	less than 20g	25g
Cholesterol	less than 300mg	300mg
Sodium	less than 2400mg	2400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram	Fat 0 - Carbohydrate 0 - Protein 0	

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